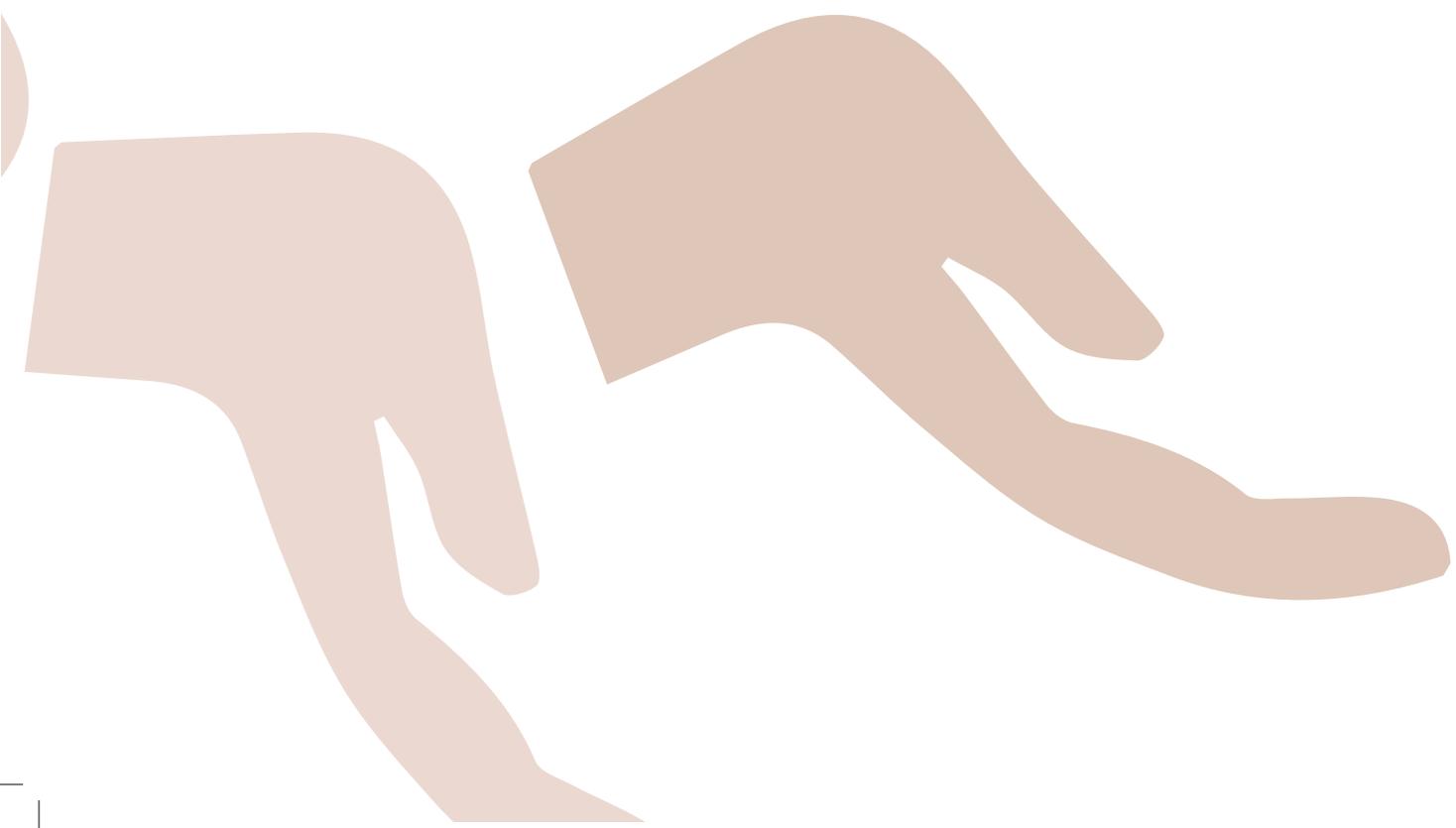


JL ZWANE  
**CENTRE**



# JL ZWANE CENTRE

A beacon of hope and an oasis in the community. That's how many people have come to know the JL Zwane Centre in the heart of Gugulethu in Cape Town.

**T**he JL Zwane Centre is a well established, professionally run and highly respected organisation which has been caring for the community since 1994. Its core commitment is to uplift and empower the people of Gugulethu and surrounding areas through partnerships with caring individuals, organizations and companies.

Named after its founding pastor and renowned peacemaker, the JL Zwane Centre was established in 1994 as a joint initiative of Stellenbosch University, the Gugulethu community and the JL Zwane Church. The idea was sparked by a deep need to uplift the community of Gugulethu, home to 350,000 people, many of whom face grinding poverty. The unemployment rate in the area is about 65%.

The Centre is led by Reverend Spiwo Xapile, who holds a Doctorate in Theology from Stellenbosch University and has developed the centre from its beginnings in six shipping containers to the multi-faceted centre it is today. The JL Zwane Centre helps to bring hope, impart skills and empower the community through its work with partners, which ranges from life skills and HIV prevention programmes to caring for people living with HIV and helping schoolchildren to boost their marks through an innovative after school initiative.

The Centre's initiatives have been extended through potentially groundbreaking leadership workshops, which aim to nurture, encourage and grow emerging leaders throughout South Africa and at all levels, from the grassroots level to business and government and faith-based organisations.

The JL Zwane Centre has expanded its outreach through the commitment and donations from companies such as Sanlam Investment Management and Investec Asset Management, which initially each invested R1 million in the building of the new Centre.

The funding has enabled JL Zwane to help people to realize their dreams and ambitions and is making an inspirational, hands-on difference in the community.

**“THE JL ZWANE  
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# PARTNERSHIPS

Partnerships are pivotal at the JL Zwane Centre, where various organizations work hand in hand with the community.

The JL Zwane Centre links people who are passionate about what they want to achieve, but don't necessarily have the resources to do it, with people, organizations and companies who are keen to help people live lives of dignity and purpose. Every programme at JL Zwane is linked with a local, national or international partner and is based on mutual respect, trust and commitment.

Partners help with advocacy, mobilize funding and other resources, while programme leaders are committed to making a difference in communities and are supported with training and skills by the JL Zwane Centre.

## **The JL Zwane's key partners are:**

Sanlam Investment Management, Investec Asset Management, Stellenbosch University, First Presbyterian Church, Dallas, Trinity Presbyterian Church (PCUSA), Penascola, Florida, Brwn Mawr Presbyterian Church, Philadelphia, First Presbyterian Church of Ambler, Open Arms of Minnesota, Arm in Arm in Africa, Mzoli's, Gugulethu, St Laurens, UK, the Richmond Group, UK and a range of generous individuals.

# THE CENTRE'S ACTIVITIES



## THE RAINBOW AFTER-SCHOOL STUDY CENTRE

One of the centre's flagship programmes is its Rainbow After School Centre – an after school study programme which has been in operation since 1996.

Learners come to the centre directly from their various schools and settle down for at least two hours of lessons and supervised work during weekday afternoons. The children also attend Saturday classes at the centre.

They are assisted by ten qualified teachers, who also offer personalized help to learners battling with certain areas of study. The children are also given a nutritious meal. For many it is the only hot meal they get during the day. The programme has reaped rich rewards in a community where children face many challenges. Children are improving their school results, while school attendance has increased, as pupils appreciate the value of education.



## LIVING MATHS

An NGO, Living Maths, supplies a full-time mathematics and science teacher to the Rainbow After School Programme. This is a boon for the children, as they often struggle with their mathematics and science schoolwork. The learners are helped from grade 1 up until grade 9 during weekdays, while the older grades are assisted on Saturday mornings. Living Maths at JL Zwane is supported by Investec Asset Management.



## FUN LEARNING FOR YOUTH (FLY)

Fun Learning for Youth (FLY) is made up of a group of 25 successful businessmen and women committed to playing a meaningful role in the lives of young learners through volunteering their time and skills.

They tutor mathematics from Grade 8 to Grade 12 on Saturday mornings as they believe it's only through education that South African can unlock its true potential. Many of the founding members of FLY themselves grew up in poverty-stricken areas. FLY provides lunch packs to its students and has also partnered with Uphawulwethu, an organization specializing in life skills. FLY aims to nurture well-rounded students who can face life's challenges. Students are encouraged to set goals and dream big.



## STARS OF TOMORROW COMPUTER CENTRE

Non-profit organization, Stars of Tomorrow, has partnered with JL Zwane since 2013. It introduces people in the community to computer basics and trains them to use various programmes, including Microsoft Word and MS Excel.

In a community where computer services are scarce, the programme is a hub for people wanting to type their resumes and do research online. They can also photocopy, scan and fax, print business cards and get their PC's repaired. One of the goals of the programme is to empower people to work for themselves, as well as to learn skills to enable them to be fully computer literate so that they stand a better chance of getting jobs.



## NUTRITION AT JL ZWANE

The JL Zwane Centre's nutrition programme has been a pivotal part of caring for the community for the past decade. Meals are served to more than 130 children every weekday, helping them to keep strong and healthy and providing them with the sustenance they need to get through their studies. Over 100 people in the Centre's HIV/AIDS support group also have access to a free, hot meal every day. It consists of plenty of healthy vegetables, meat and fish, which is crucial in building up the immune system. The Centre also distributes food parcels during the December holidays, a time when families are often under a lot of strain.



## HOSPICE

The aim of the JL Zwane hospice programme, in partnership with St Lukes Hospice, is to provide care and comfort for terminally ill patients in Gugulethu. St Luke's Gugulethu service is based at the JL Zwane Centre. A nursing sister, with the help of a doctor and social worker, and assisted by about 20 caregivers, take care of over 150 HIV and cancer patients on a home-based programme. The service is provided in partnership with St Luke's Hospice at no cost to the patients. Hospice care aims to help people to live until their very last moment, as pain-free as possible, and to die in dignity. St Lukes's Hospice also runs awareness campaigns about HIV, TB and cancer.



## HIV/AIDS SUPPORT GROUPS

The members of the Centre's HIV/AIDS support groups gather for weekly meetings in an atmosphere of acceptance, where they can express their fears and joys without the risk of being judged. The holistic approach to the group includes providing the members with a balanced meal during weekly meetings. The programme also has support groups for caregivers and orphans which are run along the same lines.



### MALUNGENI - THE JL ZWANE CENTRE'S PROJECT IN THE EASTERN CAPE

Deep in the heart of the Eastern Cape is an innovative and inspiring project that was formed jointly between the JL Zwane Centre and Stellenbosch University in 1995. At its core is empowering the people of Malungeni, a village near the region's beautiful 'Wild Coast' and home to 5,000 residents made up of about 680 families.

A multi-purpose hall has been built to train people in the area in various skills, including agriculture and baking. As deforestation is a big problem, the community has been involved in planting trees. People in the area have worked together to plant poles and erect fences to keep animals out of cultivated areas. Chicken and pig farming also helps to generate income, while lavender, rosemary and palm trees have been identified for potential cultivation. JL Zwane and Stellenbosch University's work in Malungeni earned the prestigious State President's Award for Community Initiative for the Eastern Cape in 1998. The prize was awarded by former President Nelson Mandela. The commitment to the people of Malungeni is as strong as ever, but there's a huge need for donor funding to employ staff for its projects, so that it can further its good work in the community.



### JL ZWANE FOOTBALL CLUB

The JL Zwane's sports development project is run by former professional soccer player, Eric 'Ace' Kombela, who has earned the respect of his young players and is looked up to as a role model. Under his leadership, the Club has notched up winning performances, with several JL Zwane Club members rising up the ranks to the top teams in South African football. Kombela oversees an Under 11, U13, U15 and an U17 team, as well as a Senior team at the JL Zwane Football Club, drawing in more than 120 children from Gugulethu and the neighbouring areas of New Crossroads and Philippi. Apart from their love of soccer, the children and teenagers learn the value of teamwork as well as the importance of setting goals.



### SIYAYA MUSIC GROUP

(temporarily suspended due to lack of funding) The Siyaya Music programme was set up in 2003 to raise awareness of HIV/AIDS through music, dance and drama. The troupe was made up of talented, unemployed young people from around Gugulethu and neighbouring townships. Through a highly entertaining collection of songs, scenes and dances, Siyaya's shows taught the ABC's of HIV/AIDS education - Abstain, Be Faithful, Use Condoms.

The group gained a great following and performed regularly at schools, churches, community centres, health clinics and public events throughout South Africa, as well as producing CDs. Limited financial resources have prevented Siyaya and its performers from reaching its full potential and doing outreach throughout South Africa.



## COLOURING THE WIND

This programme, which involves painting the homes of people facing stressful times, is a thoughtful way of improving the environment in which they live. The JL Zwane Centre identifies families who are going through a hard time and whose homes have become very run-down. Families are able to decide which colour they'd like their rooms to be painted. Bereaved families are also included in the project. Students and volunteers from South Africa and other countries have been involved in the painting of the homes.



## EARLY CHILDHOOD DEVELOPMENT

JL Zwane is in tune with the principles espoused by the W.K. Kellogg Foundation, which believes that supporting children at an early age is critically important for creating conditions that prepare them for long-term success and independence. Early experiences can shape health, education and economic opportunities later in life. JL Zwane, in partnership with Sanlam Investment Management (SIM) and the Anton Lubowski Educational Trust (ALET), is passionate about helping children get a better start in life. The relationship is carefully designed, with caution, in order not to build expectations that the JL Zwane Centre cannot fulfil. JL Zwane acknowledges that these preschools are already operating with challenges that can be addressed. JL Zwane believes in investing in the passion that people have. Instead of starting new programmes JL Zwane gives support to those individuals that despite all challenges started projects that are aimed at developing people including women and children. Training of teachers is crucial. To this end a toolkit is provided to each centre, along with 5 days training over a 3 months period. During and after the three month period support is provided to each teacher to enable her to connect the theory of the training to the practise in her classroom. The benefit for the children is that they have teachers that are well equipped to stimulate and educate them according to their needs. Teachers are provided with a programme that they can follow with a guide that takes them through the process. Assistance to the parents of the children at the preschools is important to make sure the relationship with the preschool and the teachers is good. It is important that parents understand the vital link between education at home and education at school and make use of the opportunities to be involved in those activities that will promote their children's success at school. The programme enables parents to understand child development and how to create a home life that provides what the child needs. The relationship with the preschools remains with the JL Zwane Centre and the Anton Lubowski Educational Trust provides the training and support as needed.

# LEADERSHIP PROGRAMMES



## HEAD, HEART AND HANDS LEADERSHIP DEVELOPEMENT PROGRAMME

With a desire to ensure that the voice of the people is still heard, 'Head, Heart and Hands' has been holding leadership sessions at the Centre since 2011. The programme's approach is to see how to integrate cognitive (thinking), emotive (feeling) and conative (action) behaviours and apply them positively. The idea is to help people understand how to deal with their feelings by understanding why they feel that way. They can then do something constructive about it. The outcome is a community taking ownership of its surroundings, building a future together with all roleplayers.



## STORIES ZENZ'I LEADERS

The 'Stories Zenz'i Leaders' programme has been established to boost the leadership skills needed in all levels of society in South Africa. It aims to empower communities through storytelling, a technique which communicates with people in a way they can truly relate to, as opposed to training methods which are imposed from above. Storytelling is a powerful tool in South Africa. Not only does it include a market that is not necessarily literate, it also entails a culture that has used storytelling over the generations. Our programme aims to improve the leadership skills of leaders, which will in turn help them to create leaders in their communities.

The concept is simple but effective: We will spend a lot of time listening to people's stories – how they have experienced their leadership role – and then help them map out where they want to be and how they can get there. After the three-day programme, we spend as much time as possible with the participants to help them kick-start their new story. We also link participants with others in their vicinity so that they can support each other in sustaining their leadership skills. The programme is led by Reverend Xapile and Arella Tilsen, who has extensive experience in non-profit leadership.

# CONCLUSION

The JL Zwane Centre is a place of refuge and hope for many people in Gugulethu. Many people who have been nurtured and empowered by the Centre have been able to rise above their circumstances. They've found jobs, studied further and had their dignity restored while ill and frail. Our services are ongoing and we're passionate about reaching out further to the community.



## HOW TO GET INVOLVED/ HOW TO HELP

As a non-profit organization, we rely wholly on donations from companies, organizations and individuals. Our funding is administered by Stellenbosch University. We invite you to partner us in helping to bring dignity and hope to the lives of people in our community. Your support will enable us to continue to render an invaluable service to people who often face a daily battle with illness, unemployment and other hardship. Your assistance will help us to uplift our community and move forward with strength and confidence. We also encourage anyone who would like to give of their time, skills and expertise to get involved. This can be immensely rewarding. There are many opportunities for volunteering at the JL Zwane Centre and its programmes and at its sister project, Malungeni, in the rural Eastern Cape. We particularly encourage retired professionals - from doctors and dentists to teachers and farmers - to consider getting involved.



## WHAT THE PEOPLE SAY:

"The after school programme has helped me so much. Education is everything. I want to go to university and become a lawyer. Doing well at school makes me feel proud." - Kuhle Zandeka - 12 years old

**“WORKING WITH CHILDREN IS THE MOST AWESOME JOB. IT'S GREAT TO SEE THEM DEVELOP AND TO SEE THEIR LIVES UPLIFTED BY SPORT.”**

"I've learnt so much from the computer course here that I'd like to start my own small business. I'm a grandmother and I'm proof that it's never too late to start learning."  
Sheila Rasmeni - Retired cleaner

"Our goal is to bring comfort, peace and hope. We want our patients to know that they are not walking on the journey alone. We'll be there for them and will walk with them through the process of loss." - Lawrence Mandikiana - social worker - St Luke's Hospice at JL Zwane Centre

"There is such a lack of good leadership in our communities. But we have begun to build new realities of what it means to be a black community leader in South Africa. We have recaptured some hope and now see some possibilities beyond our old stories of oppression. These leaders can now begin to see what they are capable of." - Rev Spiwo Xapile, Executive Director of JL Zwane Centre.



# CONTACT DETAILS

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There are three options for international remittance of funds to SU:

Directly to Stellenbosch University (our preference). Stellenbosch University has passed equivalency determination tests of other USA foundations. It may not be an issue for the John Templeton Foundation - your legal counsel will be able to advise you regarding this route. This account can receive any currency.

Bank: First National Bank Cape Town  
Bank Address: 5th Floor Media City  
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Foreshore Cape Town  
Account Name: University of Stellenbosch - Foreign Income  
Account Number: 621 0717 7083  
Branch Code: 204 109  
S.W.I.F.T Address: FIRNZAJJ  
Reference: JL Zwane Centre for Training and Development

To the Friends of the University of Stellenbosch (FUSF). This is a 501 (c) 3 educational foundation incorporated in New York, USA, which receives funds on behalf of Stellenbosch University). USA IRS laws apply. Once received the FUSF transfers the funds to Stellenbosch University. This route is primarily used by individuals and organisations interested in receiving the relevant USA tax benefits. This account can receive GBE which will be converted into US\$ and then into ZARands on transfer to South Africa.

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Account: Friends of the University of Stellenbosch Foundation  
Number: 2000061370450  
ABA/routing: 054001220  
(for wire transfers: 121000248)  
SWIFT: WFBIU  
IRS EIN no: 13-4091453  
Reference: JL Zwane Centre for Training and Development

To the Stellenbosch University South Africa Foundation United Kingdom, a registered charity in the UK which received funds on behalf of Stellenbosch University. UK tax laws apply. It can receive GPE which will be converted into ZARand once transferred to South Africa.

Bank: Nat West Bank  
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Account: Stellenbosch University SA Foundation UK  
Number: 39448843  
Sort code: 60-00-01  
Reference: JL Zwane Centre for Training and Development

Whichever option you use, please send confirmation of the donation to Ms Joan Weyers, email [jhs1@sun.ac.za](mailto:jhs1@sun.ac.za) or fax +27 21 882 8405.